## PRAIRIE UNITARIAN UNIVERSALIST SOCIETY

Sunday, April 10, 2005

Prelude - Springtime Mantleth Every Bough Doleta Chapru, Barb Park and Dan Proud

Welcome - Mike Briggs
Chalice Lighting Please read silently #286 - A Core of Silence
Moment of Silent Meditation

Joys and Concerns Hymn #90 - From All the Fret and Fever of the Day

John Kabot-Zinn CD

Introduction of Speaker

Science, Meditation and Happiness

Presenter: Dr. Richard Davidson,

W. M. Keck Laboratory for Brain Imaging

and Behavior, University of Wisconsin

Discussion

Offering
Introduction of Guests and Visitors
Prairie Announcements

Hymn # 352 - Find a Stillness Extinguishing the Chalice

## Announcements

Parish Meeting and Potluck follow today's program. Meeting will include elections and a vote on proceeding with purchase of land. If you are not yet a member of Prairie and would like to vote on these important issues, it's not too late to sign our membership book.

Midweek Meal @ Prairie meets every Wednesday at 6:30 at Prairie. Bring food to share.

**Playreaders** will meet April 23, 7:30 p.m. at Susan Hagstrom's. Please RSVP so she can decide which play will work with the number of attendees.

Community Dance next session is April 16, 7-9pm. There will be a prize for the "most floral attire". All are welcome.

## Calendar

Sunday, April 10, noon. Potluck and Parish Meeting.

Saturday, April 16, 7:00 p.m. Community Dance

Sunday, April 17, 10:00 a.m. "Wisconsin Democracy Campaign" presented by Michael McCabe.

Sunday, April 17, 11:45 a.m. Book Club discusses *The Murder Room* Thursday, April 21, 6:00 p.m. Spanish Speakers Potluck at Prairie.

Saturday, April 23- Sunday April 24. Prairie Youth Spring Fling Sunday, April 24, 10:00 a.m. Elena Meyer will speak about issues affecting Latinos in Wisconsin.

Tuesday, April 26, 2:00 p.m. Prairie Elders meet at Oakwood West. Sunday, May 1, 10:00 a.m. Norma Briggs and Barb Park on self-renewal through touching the earth.

Sunday, May 8, noon. Humanist Union discusses skepticism.

1 pm April 16 Boys + Girls Club community garden