

"Equanimity: A Meditation" by Jake Blasczyk, presented by Al Nettleton
7th Principle: Respect for the interdependent web of all existence of which we are a part

Order Of Service - March 24th 2024

Prelude: "I've Got Peace Like a River" composed by Marvin V. Frey. Performed by the Prairie Choir, directed by Barb Park, accompanied by Carl Wacker

Welcome: Al Nettleton

Chalice Lighting meditation for the time of the Spring Equinox by Karen Smith

We come together in community to light this chalice, symbol of our shared life. We call on the wider community of earth and the surrounding cosmos to be present with us now.

We light this Chalice in a time of transition from the long dark nights of winter to the lengthening days of increased light. We have passed through the halfway point.

On March 19 Earth in its journey round the sun had positioned itself in such a way that our life-giving sun fell across the equator, gifting us with a day and night that were roughly equal. In the northern Hemisphere this marks the beginning of Spring. From now on the days will lengthen and the night will shrink.

Spring, the season when all that has been asleep in the dark womb of winter awakens. That which is dormant begins to lift its head seeking the warmth of the sun and new life. May what has lain dormant in us also awaken to new growth, new hope and new life.

Opening Music: "Garden Song" by David Mallet accompanied by Patty Stockdale and Mary Mullen. The lyrics are on the back of this page.

Story For All Ages: [If You Give a Moose a Muffin](#) by Laura Numeroff

Children's Recessional: by Joyce Poley
 As you go on your way, may you be filled with Gladness. Go in joy, go in joy!
 May fortune bless your day with peace and loving kindness. Go in love, go in love.

Reading

May I bear witness to things just as they are.
 May I remain peaceful and let go of fixation.
 May I offer care, knowing I don't control the course of life, suffering, or death.
 May I find the inner resources to genuinely contribute where needed.
 May I see my limits with compassion, just as I see the limits of others.
 I care about the pain of others, yet I cannot control it.
 I care for all beings, but my way is not the only way. All beings have their own journey, and I have mine.
 May I be free from preference and prejudice.
 May I see the world with quiet eyes.

Ruth King

Silent Meditation

Presentation: "Equanimity: A Meditation" by Jake Blasczyk, presented by Al Nettleton [Read the full blog post](#)

Offering and Offertory: "The Last Rose of Summer" performed by Ann Sawyer and Nancy Wunderlin

Closing Words: ["Equanimity"](#) an audio story

Closing Music: #21 SLT "For the Beauty of the Earth", accompanied by Dan Proud

Announcements

Joys/Concerns & Welcoming Guests/Visitors

Greet Your Neighbor

Announcements



Prairie's 1st Quarter Offertory Sharing is with the Eviction Prevention Fund of Allied Partners. Among the support Allied Partners provides is a fund available to the Dane County Joining Forces for Families Social Workers in Allied.

They help residents who are short on rent payments and may face eviction. This work is in keeping with one of our social action focuses: homelessness.

Lyrics for "Garden Song"

Inch by inch, row by row
Gonna make this garden grow
All it takes is a rake and a hoe
And a piece of fertile ground
And inch by inch and row by row
Someone bless these seeds I sow
Someone warm them from below
'Til the rains come tumblin' down

Pullin' weeds and pickin' stones
Man is made of dreams and bones
Feel the need to grow my own
'Cause the time is close at hand
Grain for grain, sun and rain
Find my way in nature's chain
Tune my body and my brain
To the music from the land

Plant your rows straight and long
Temper them with prayer and song
Mother Earth will make you strong
If you give her love and care
An old crow watching hungrily
From his perch in yonder tree
And in my garden I'm as free
As that feathered thief up there

(Repeat verse 1, above)

Announcements

Next Sunday, Mar 31th "The Call of Easter: The Varied Ways UU's Find Meaning at Eastertide" by Rev. Ralph Tyksinski

On this Easter Sunday we explore and share the ways Unitarian Universalists discover and celebrate the many resurrections of the season.

Next Sunday in RE: We will have a celebration of Spring with an egg hunt, planting seeds, and crafts.

Program Committee Survey

Please fill out the short Program Survey sent to Prairie News earlier this week. There are also a few paper copies on the hymnal cart, thanks - The Program Committee

Annual Spring Auction Results

Thank you to all the donors and bidders who made our spring auction a success! We want to give a special thank you to our auctioneer, Orange Schroeder! Also, thank you to Barbara Chatterton Frye for making announcements, and everyone helping out on the day of the auction including Marie Andrae, Andy Garst, Suzanne Gernandt, Heidi Hughs, and Casey Steinau.

We raised \$10,901! That is less than our budgeted goal of \$13,500. However, we still have some items and events available for purchase. We'll have more information on those soon. If you have any questions please contact Chris Porter, or Nancy Wunderlin

Prairie Cookbook - Deadline Extended

The deadline to submit recipes has been extended. Use any method to get them to the Committee, but send them or bring them to Prairie soon. We do not want to miss any amazing recipe because it did not get sent in to be printed. To send by email, please send your favorite recipes to Susan Herr-Hoyman at herrsm@gmail.com